

Provider and Services Received

**The following providers are personally recommended by GASS members. To add more please email contact@SouthSoundGender.com*

Alanna Burdell Electrology
Mercer Island
<http://hairfreeseattle.com/>
"She did electro pre SRS and has two other trans clients that I know"

Elaine Chang, MD Gynecology
Des Moines
<http://elainechang.md.com/>
"Helped with my post-op recovery"

Histon Chen MD GP
Multicare Kent
<http://www.multicare.org/doctor/hilton-chen/>
"Treated me like any other patient"

Dr. Vy Chu
Capitol Hill Medical Seattle
<http://www.capitolhillmedical.com/>
Hormones therapy, General Practice
"Called The Queer Clinic - many clients are gay, trans"

Community Health Care
Hilltop, Tacoma
<http://www.commhealth.org/>
HRT, normal health care and annual physical

Complete Women's Health Care
200 Lilly Road NE, Suite 152
Olympia, WA 98506
360-754-9409
www.cwhcoly.com
Julie A. Dybbro (ARPN)
Margaret D. Zimmerman (ARPN) - Has treated transwomen.

Diana Currie MD
Providence Hospital Olympia
<http://www.healthgrades.com/physician/dr-diana-currie-y9frj>
"Experienced with trans medicine, MTF & FTM post op care, fantastic patient to doctor friendliness."

Catherine Droege, ANRP General Medicine
<http://www.healthgrades.com/provider/catherine-droege-34b2s>
Multicare near Tacoma
"Very respectful, female pronouns, knows her stuff"

Julie Dybbro, ARNP PhD General Medicine
Olympia
<http://www.olyareaap.org/womanshealth.htm>
HRT and women's health
"She has other trans clients, no problems"

Eastside Healthcare
Olympia
<http://www.eastsidehealthcare.com/>
"As there is a lack of transgender healthcare in the South Sound area, I wanted to let you know about a healthcare organization that has had training specifically on how to treat and work with transgender FTM population. Eastside Healthcare. They are a group of ARNP's that are just totally awesome; GBLT friendly all the way. I had the problem of needing to be tested to understand my dosage in term of male levels while my markers were still listing me as female due to my health insurance. So they sent my blood test out to a lab that especially services the transgender population. They understand dosage and blood levels and side effects, etc. associated with hormonal transitioning. They take most types of insurance."

Cedar River Clinics- Women's Health
Tacoma & Renton
<http://www.cedarriverclinics.org/>
Special LGBT health program funded by Pride Foundation

Stroheckers pharmacy
Portland OR
<http://www.stroheckersrx.com/>
A pharmacy that carries transitioning hormones and has low prices, provides the necessary needles and syringes and ships for free, compounding pharmacy that is able to mix any cocktail of hormones that you get prescribed. 503.222.4822. (They were recommended by Country Doctor.) They are fast, friendly, professional and knowledgeable in transitioning hormones.

Patricia Fawver, PhD
University Place

<https://local.yahoo.com/info-22246331-patricia-fawver-phd->

University Place

“Mental health as it to M2F transition”

Jordan MD

Multicare Fredrickson WA

<http://www.multicare.org/home/frederickson>

Referrals, script refills

“Completely TS friendly, staff was very nice, and I felt welcome”

Robert Killian MD Family Medicine

Seattle

<http://robertkillian.md.com/>

General health, hormones, legal paper work

“GLBT doctor and a transgender specialist”

Laboratories NW Blood work

Multicare lab

<http://www.multicare.org/home/laboratories-northwest/>

“They have seen my transition from the beginning and have always been very friendly and accepting”

Dr. Theodore Matheny, MD Family Medicine

Edmonds

<http://theodorermatheny.md.com/>

Holistic health care through homeopathy

“He said that he is open to having transgender patients but, is not available to handle hormone administration and monitoring.”

Marcia Mattheai MTS, M.Ed.

(pronounced Matt-ay)

615 N. 2nd St., Tacoma, WA 98403

253-761-8808 ext. 1

Ellen Hardin MD internist

Group Health Tacoma

http://www.vitals.com/doctors/Dr_Ellen_Hardin/vide

Hormones, anti- depressant,

“Has experience treating trans people.

Dr. Hardin is a respected doctor there.”

Molina Healthcare

Everett

<http://www.molinahealthcare.com/en-us/Pages/home.aspx>

Hormones, medical tests, "intersex care," blood work.

“I am treated with the utmost respect.”

Pikes Market Medical Clinic

Seattle

<http://www.neighborcare.org/clinics/pike-market-medical-clinic>

Hormone treatment

“They will use the correct pronouns”

Schick Shadel Hospital

Addiction treatment

<http://schickshadel.com/>

“Absolutely recommended: Correct pronouns and gendering. Councilors knew trans issues. LGBT friendly”

Larry Stonesifer MD endocrinology

Federal Way

<http://www.healthgrades.com/physician/dr-larry-stonesifer-x9t7x>

“Very knowledgeable about trans people, very friendly”

Travis J. Taylor MD internist

Bremerton

<http://www.ratemds.com/doctor-ratings/74048/Dr-Tavis+J.-Taylor-Bremerton-WA.html>

“Good with trans HRT”

VA Puget Sound Health Care System

<http://www.pugetsound.va.gov/>

Women's health, medical, mental healthcare.

“Providers are non-judgmental”

The following are clinic, dentistry, therapist, and hair removal services in the South Sound. Share your feedback with the community by updating this list. Email GASS at contact@SouthSoundGender.com

HEALTH CLINICS

Community/Low Income

45th Street Medical & Dental Clinic

206-633-3350

45th Street Youth – Homeless Clinic

206-633-7650

1629 N. 45th
Seattle, WA 98103

Ballard Homeless Medical Clinic

1753 NW 56th Street, Suite 200
Nyer Urness House
Seattle, WA 98107
206-782-5939

Cedar River Clinics

Renton 1-800-572-4223
263 Rainier Ave S. #200,
Renton, WA 98057

Tacoma 1-800-572-4223
1401-A Martin Luther King Jr Way,
Tacoma, WA 98405
See Simon Ellis ARNP

Community Health Care Clinics

Downtown Tacoma
1102 S. I St.
Tacoma, WA 98444
253-597-3813

No walk in, app only. New patients sometimes
need to call back for appointment in about a
month.

Eastside Family Medical Clinic

1728 E. 44th St. Tacoma, WA 98404
253-4553 (253) 471-4553 / Pharmacy
(253) 284-2226

Milgard Family Dental

1708 E. 44th St, Tacoma, WA 98404
(253) 572-7002

Lakewood
10510 Gravelly Lake Dr. SW
Lakewood, WA 98499
253-589-7030

Urgent Care
10510 Gravelly Lake Dr. SW
Lakewood, WA 98499
253-722-1837 *Need clinic nurse for
referral, open evening & Saturdays 24
hour Nurse Hotline (253) 922- 4778

Country Doctor Clinic

500 19th Ave. E., Seattle, WA 98112
206-299-1600
Dr. Brad Roter
Daily hours vary
Saturday @ Carolyn Downs Family Medical
Center

Lakewood Family Dental

(253) 589-7188

Community Health Care Parkland

11225 Pacific Ave.
Tacoma, WA 98444
253-536-2020 / Pharmacy (253) 536-
6257

“Very friendly to T folks and is a good
source of both general medical care and
hormones at reasonable prices.”

Tacoma
3611 S. D St. (Pacific & 36th St.)
Tacoma, WA 98404
253-404-0737

Spanaway
134 188th St. S.
Spanaway, WA 98387
253-847-2304

Sumner
1110 Fryar Ave.
Sumner, WA 98390
253-863-0406

Lakewood/Tillicum/American Lake Area
14916 Washington Ave. SW
Lakewood, WA 98498
253-589-7027

Clinic Obstetrics & Gynecology
Kimi & George Tanbara, MD Health
Center
1708 E. 44th St, Tacoma 98404
(253)597-4163

Carolyn Downs Family Medical Center

2101 E. Yesler Way, Suite 200 Seattle, WA
98122
(206) 299-1900

Emerald City Medical Arts

<http://www.ecmedicalarts.com>
Dr. Michael Rosenfeld
16 Roy St., Seattle WA 98109
(206) 281-1616
Fax: (206) 282-7371 (on Queen Anne)

Greenwood Medical Clinic

415 North 85th Street
Seattle, WA 98103
206-782-8660

High Point Medical & Dental Clinic

6020 35th Avenue SW
Seattle, WA 98126
206-461-6950

Lake City Medical Clinic

12721 30th Avenue NE, Suite 101
Seattle, WA 98125
206-417-0326

McDermott Place Medical Clinic

12736 33rd Avenue NE, Suite 200
Seattle WA 98125
206-367-0150

Pierce County Citrine Health

1(888) 651-8931
Manager stated that they do have a written policy regarding treating transgender clients, "we have a written policy regarding treating ALL clients. Manager stated, call the 888 numbers and request to enroll. She stated that FTM clients can certainly have free exam if they are approved. She mentioned that MTF approval, in general, is not necessary to get the exam.

Pike Market Medical Clinic

1930 Post Alley
Seattle, Washington 98101
(206) 728-4143 / (206) 728-1687
Fax: (206) 682-0363 / (206) 956-1018

Queen Anne Medical Assoc.

200 W. Mercer
Suite 104 Seattle, WA 98119
(206) 281-7163 (Do Not Leave Urgent Messages)
Fax: (206) 281-5088
Dr. Linda Gronko

Rainier Beach Medical & Dental Clinic

9245 Rainier Avenue South
Seattle, WA 98118
206-722-8444

Rainier Park Medical Clinic

4400 37th Avenue South
Seattle WA, 98118
206-461-6957

DENTAL PROVIDERS

Community/Low Income

Bates Dental Clinic (ages 5 to adult)

Full services clinics, DSHS, Code CNP required; Reduced fees full services clinic, Dentures, Partials and Bridges; Monday – Thursdays from 8am to 3pm
1101 S. Yakima Ave. Room #E – 202 A,
Tacoma, WA
253-680-7310
253-680-7314 (Denture Clinic)

Kids Choice Dental

Ellen Poiskey, DDS – ABCD Certified
Pediatric Dentistry Only, Birth – 9yrs old
DSHS, private insurance
Offers nitrous, conscious sedation, and general anesthesia for treatment, Office hrs vary
9317 113th St E., Suite A Puyallup, WA
253-848-7000

Community Health Care – Tacoma (Various Languages) Family Dental Clinic (Ages 0 – Adult)

DSHS, private insurance, Emergency Care, general dentistry, Monday – Friday, from 7am to 5:30pm
1708 E 44th St, Tacoma, WA
253-572-7002

Community Health Care – Lakewood (Various Languages) Family Dental Clinic (Ages 0 – Adult)

DSHS, private insurance, Emergency Care, general dentistry, Monday – Friday, hrs vary
10510 Gravelly Lake Drive, Lakewood, WA
253-589-7188

Lindquist Dental Clinic for Children (Age 0 – 18) ABCD Certified, DSHS, sliding fee scale, general dentistry, Military (no co-pay), Private insurance

Monday – Friday 8am to 5pm
130 131st St So. Tacoma, WA
253-539-7445

Lindquist Dental Clinic –Gig Harbor

8502 Skansie Ave, Gig Harbor
253-853-2002

Pierce College Dental Hygiene Clinic (age 4 to Adult) DSHS, CNP required, low fees, free initial assessment, Cleaning and x-rays, No Emergency Care

Monday – Friday (hrs vary)
9401 Farwest Drive SW, Lakewood, WA
253-964-6694

SeaMar Dental Clinic (Children 5 to Adult)
English and Spanish, DSHS, private insurance,
Emergency Care, General dentistry, Monday –
Friday 8 am to 5pm
1112 Cushman Ave., Tacoma, WA
253-593-2144

SeaMar Children’s Dental Clinic (Infant to 18)
English and Spanish, DSHS, private insurance,
Emergency Care, Monday – Friday, from 8am to
5pm
10217 125th St, Ct E., Puyallup, WA
253-864-4760

Anzi Dental Center Tacoma
DSHS, private insurance, general dentistry (hrs
vary)
3711 Pacific Ave., Suite 300, Tacoma, WA
253-671-9966

George Brain, DDS (Infant to 16) ABCD
Certified, DSHS, private insurance, pediatric
dentistry, Monday – Thursday 8am to 5:30pm
1901 S. Union #B – 3008, Tacoma, WA
253-572-9777

Children’s Dentistry (infant to 8)
Willie McCullum, DDS, PS – ABCD Certified,
DSHS, military, private insurance, flexible
payment plans, general dentistry, conscious
sedation, Monday – Friday from 8:30am to
5:30pm
4002 S. M. St., Tacoma, WA
253-474-0606

Dental Village (Birth to 18 yrs old)
Robin Jones, DDS – ABCD Certified, DSHS,
private insurance, payment plans, general
dentistry, Monday – Thursday from 8am to 5pm
4218 S. St, Suite 220, Tacoma, WA
253-476-0556

Excellent Dental Care Center (Age 0 to Adult)
(Vietnamese, Russian, Spanish, English)
ABCD Certified, DSHS, private insurance,
payment plans, general dentistry, Monday –
Friday from 8am to 5pm
1212 S. 11th St., Suite 20, Tacoma, WA
253-272-6242

**M Street Dentistry (Vietnamese, Russian,
Spanish, English)**
Tren Dang, DMD – ABCD Certified, DSHS,
private insurance, reduced fees, sliding fee
scale, general and cosmetic dentistry, Monday
– Saturday from 9am to 6pm
3815 S. M St., Tacoma, WA
253-476-8003

Everlast Family Dental Clinic
DSHS, private insurance, general dentistry
Monday – Friday 9am to 6pm
1212 S. 11th St # 47, Tacoma, WA
253-573-0070

PHYSICIANS / MEDICAL PROFESSIONALS

Ellen Hardin MD internist
Group Health only
209 Martin Luther King Jr Way Coop Tacoma
253-383-6120 HRT expert

Chris Coppeans MD general practitioner
Group Health only
209 MLK Way, Tacoma, WA 98405
(253) 596-3300
Studied under Dr. Harden

Vivian Blanco MD
412 Black Hills Lane SW, Ste A
Olympia, WA 98502
(360) 352-7779
Fax: (360) 352-5175

Teresa Murphy MD
200 W. Mercer St, Suite 104 Seattle, WA 98119
(206) 728-1687

Corinne Heinen MD
UW Physicians Belltown Clinic
2502 2nd Ave., Suite 200 Seattle, WA 98121
(206) 443-0400

Dr. David Schumer MD General Practice
Auburn Regional Medical Center
202 N. Division, Suite 404, Auburn, WA 98001
253-804-3483
Recommended by Cameron (F-t-M), 2008

Dr. Cathryn Woon Chiropractor, Acupuncturist
115 S. 8th St., Tacoma, WA 98402

253-272-9959

Recommended by Cameron (F-t-M), 2008

John Gray, MD

Community Health Care
Lakewood, WA
Franciscan Medical Group
(253) 539-9700

Sharon McCrae, MD

(Seattle Associate of Dr. Marci Bowers)
Christina – nurse
(253) 328-3200

Peter Shalit MD, Ph.D.

Asst: J. Steve Mayo
1120 Cherry St. #320
Seattle, WA 98104-2023
(206) 624-0688
psmd@mac.com / Peter@Tribalmed.com

Jeffrey Olliff, MD

1120 Cherry St. #320 Seattle, WA 98104
(206) 624-6104

Allen Gregg South, MD

Nordstrom Medical Tower
1229 Madison St, Suite 610 Seattle, WA 98104
(206) 709-8600
Allensouthmd.com
Fax: (206) 215-2690

Frances Broyles MD

Nordstrom Medical Tower
1229 Madison St, Suite 1500 Seattle WA 98104

Robert Killian, MD

1001 Broadway, Suite 207 Seattle, WA 98122
(206) 568-6320

Carol Sheckter, MD

4026 NE 55th St., Suite F Seattle, WA 98105
(206)523-9195

St Peter Family Practice

Lowell Dightman, MD
Lisa Johnson, MD
(360) 438-1161
Olympia WA

Urologists in Olympia

John Farrar, MD (360) 413-8315
Michael Ellen, MD (360) 754-3380

Julie Dybbro ARNP

Complete Women's Health Care
200 Lilly Rd NE #B2
Olympia, WA 98506
(360) 754-9409
Fax: (360) 438-6760
Office Manager Amy Kunkel
Amy-kunkel@comcast.net

Larry Stonesifer MD endocrinologist

34509 9th Ave. S. Suite 200 Federal Way, WA
98003
(253) 927-4777
Fax: (253) 927-6580

Endocrine Consultants NW

Dr. Chen / Dr. Wang?
1628 Mildred St. Suite 104
Tacoma, WA 98465

**PSYCHO-THERAPISTS /
PSYCHOLOGISTS /
PSYCHIATRISTS /
COUNSELORS**

Many with sliding scale fee structures

Marilyn Boyle MA, MTS

917 Pacific Ave., Suite 306
Tacoma, WA 98402
253-572-7926
marilyn@marilynboyle.com

Karen M. Buckley, LICSW, ACSW, OSW-C

2608 Pacific Ave SE Suite C
Olympia, WA 98501
(360) 556-0201
www.Karen-Buckley.com

Jana Ekdahl MA, LMHC

1020 E. John St., Suite 202
Seattle, WA 98102
206-355-2294
janaekdahl@msn.com
jekdahlseattle@msn.com

Dr. Patricia Fawver Ph.D.

7406 27th St. W.
University Place, WA 98466
253-564-8408

Highly recommended by GASS members

Teresa Holt MSW
253-692-5826
tholt@u.washington.edu

Dr. Anne A. Lawrence MD, Ph.D., MA
6801 28th Ave. NE
Seattle, WA 98115 (206) 323-7462
alawrence@mindspring.com
<http://www.annelawrence.com/practice.html>

Naomi B. Knoble M.Ed.
917 Pacific Ave.
Tacoma, WA 98402
253-651-1909
www.naobmiknoble.com
Couples/Family Counseling, LGBT issues
Sliding Scale fee

Diana Savege * Need to go through intake and request her. Valley Cities Counseling & Consultation- Renton
(253) 833-7444

Monroe Electrology
Leanne Monroe
12303 Meridian E., Suite 300
253-278-6909

Note: Resource list compiled by GASS board Secretary Aeon, 8-13 to 10-13, via phone calls to providers' offices and internet research.

HAIR REMOVAL

Auburn Electrology & Skin Care
Carol Kirkland
3605 Orchard St. SE
Auburn, WA 98092 253-333-0485
www.auburnskincare.com

A New Look Salon
Electrolysis, massage, skin care
Brook Guinn
Federal Way
253-941-5855
<http://www.anewlookbybrook.com/>

Electra Spa (2 locations)
Nanci Vargus
1502 S. Union Tacoma
253-431-2039

5800 Soundview Dr. Suite B 106
Gig Harbor
253-431-2039

American Laser Center
4707 S. 19th St.
Tacoma, WA 98406
253-759-3737