

YARD SALE



2nd Annual Fund Raiser

Saturday, Sept. 19th from 8am
to 2pm

4625 S. Asotin St, Tacoma WA
Lots of great household goods,
collectables, clothes,
refrigerator, furniture.

Help this non-profit raise money
for the coming year's programs.
Call 360-455-3318 to donate.

Thank You

TRAINING SET FOR SCHOOL YEAR

Facilitator teachers ready for students

The Gender Alliance of the South Sound is pleased to announce the beginning of another winter schedule for the GASS Facilitator Training. We will have the first of four classes begin on Saturday, September 26th at 11am till 2pm at the Rainbow Center. The manual has been updated and revised to reflect new information and the input from last years class of facilitator students.

All facilitators that have graduated are most welcome to sit in and will receive a copy of the updated manual. The experiences they can share are quite valuable and folks that are new to facilitating a peer led support group will listen and gain from their involvement.

Anyone with an intersection with GASS can take these free classes. If you are a member of another support group of any kind you would do well to take advantage of this opportunity to increase your understanding of how such groups function.

Even if you are not interested in leading a group you will still get valuable insight from these sessions. We discuss and participate in training exercises that includes such topics as:

- Conducting the Support Group Meeting
- Confidentiality
- Improving Your Listening Skills
- Using Empathic Listening in Conflict Resolution
- How You Can Help a Suicidal Person
- Some Common Group Problems
- Coping With Monopolizers During Group Discussions
- Ways to Keep Your Self-Help Group Meetings Upbeat
- Recruitment Techniques
- Keeping Group Members From the Start

If you are interested in learning more about how peer to peer groups work and ours in particular, please call Victoria at 360-455-3318.
www.SouthSoundGender.com